

In the Name of Allâh, the Most Gracious, the Most Merciful.

- 1. By the fig, and the olive.
- 2. By Mount Sinai.
- 3. By this city of security (Makkah). [1]
- 4. Verily, We created man in the best stature (mould).
- 5. Then We reduced him to the lowest of the low.
- 6. Except those who believe (in Islâmic Monotheism) and do righteous deeds. Then they shall have a reward without end (Paradise).
- 7. Then what (or who) causes you (O disbelievers) to deny the Recompense (i.e. the Day of Resurrection)?
 - 8.Is not Allâh the Best of judges?



In the Name of Allâh, the Most Gracious, the Most Merciful.

- 1. Read! In the Name of your Lord Who has created (all that exists).
- 2. He has created man from a clot (a piece of thick coagulated blood).
 - 3. Read! And your Lord is the Most Generous.
 - 4. Who has taught (the writing) by the pen.
 - 5. He has taught man that which he knew not.
- 6. Nay! Verily, man does transgress (in disbelief and evil deed).
 - 7. Because he considers himself self-sufficient.
 - 8. Surely, to your Lord is the return.
- 9. Have you (O Muhammad صلى الله عليه وسلم) seen him (i.e. Abû Jahl) who prevents
 - 10. A slave (Muhammad صلى الله عليه وسلم) when he prays?

^{[1] (}V.95:3) See footnote of (V.2:191).